



TOWN OF BLANDFORD

Council on Aging  
1 Russell Stage Road  
Blandford, MA 01008

**MEETING MINUTES  
COUNCIL ON AGING  
August 01, 2022**

1. Open Session at 1:00 pm

**Meeting is recorded**

**In Attendance:** Margit Mikuski, Director; Heidi Taberman, Member; Bob Twyman, Member; Pat Lombardo, Member-Absent; Barbara Langmore, Member; Joann Martin, Member-Absent

Meeting is held in the Council on Aging meeting room

1. **EXAMINATION OF MINUTES FROM PREVIOUS MEETING**

*a. Examination of the Meeting Minutes of June 06, 2022*

**MOTION:** B. Twyman made a motion to approve the meeting minutes of June 06, 2022, as written.

**H. Taberman Seconded**

**Motion Passes**

2. **DIRECTOR'S BUDGET REPORT**

Tabled

3. **OLD BUSINESS**

*a. Update on Exercise Classes*

Heidi Taberman reported an average of 12 people attending each Monday exercise class. She currently has enough equipment and chairs.

*b. Follow-up on shed and grill*

Margit Mikuski informed the Board of the shed and grill having been installed by John Hoppe. Thank you, John!

*c. Follow-up on Transportation*

Mikuski mentioned COA is still looking for drivers.

*d. Follow-up on First Friday Group*

There was a discussion on the continuation of the First Friday Group. It was agreed that we would hold the First Friday for August. We would then notify the seniors at our

luncheon that unless we have at least three people attending, not counting Board members, we would no longer hold this.

**MOTION: B. Langmore made a motion to discontinue First Friday Group meetings as of September 1, 2022**

**H. Taberman Seconded**

**Motion Passes**

#### **4. NEW BUSINESS**

##### ***a. Flu Clinic***

Margit notified the Board that Walgreens is now requiring a minimum of 50 confirmed people for the flu clinics. They are very short-staffed with pharmacy. Margit reached out to the surrounding hilltowns to see if we could possibly have a regional flu clinic for the seniors. The individual towns prefer to hold their own. Russell, MA uses Stop & Shop, and they do not have a minimum requirement. Margit will look into this. Jennifer Girard from the Board of Health was there and said she would check with the nurse the Board of Health has to see if she would be able to manage this. Girard would get back to Mikuski as soon as possible.

##### ***b. Privacy of Seniors we work with***

Mikuski spoke of the importance of privacy regarding our Seniors, especially health issues as we need to be very careful when it comes to HIPA Laws.

##### ***c. Arts Lottery Grant***

Margit suggested we look into one or two activities that would require Arts Lottery Council Grants.

1. Sarah the Fiddler for our St. Patrick's Luncheon
2. Paint & Sip (which has always been a tremendous success)
3. Scarf Making using Vegetation

##### ***d. Veteran's Day Dinner***

The Board voted to hold the Veteran's dinner on Saturday, November 12<sup>th</sup> at 5:00 pm. There was some discussion on whether to have it catered. Margit wanted to speak with Joann Martin about this. Jennifer Girard said the new Blandford Bistro would be able to cater this event. She would send a menu with prices to Margit. The Board also voted to eliminate the regular breakfast and lunch in November (only holding the Veteran's Dinner due to holiday constraints). In December, the Board will only offer the luncheon on December 9 due to the holidays.

Meeting Adjourned at 2:15 pm

Meeting Minutes Presented by Joann Martin, Member Council on Aging

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Heidi Taberman, Member

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Barbara Langmore, Member

Absent  
\_\_\_\_\_  
Pat Lombardo, Member

\_\_\_\_\_  
Robert Twyman, Member

Absent  
\_\_\_\_\_  
Joann Martin, Member

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Margit Mikuski, Director