TOWN OF BLANDFORD



Council on Aging 1 Russell Stage Road Blandford, MA 01008

MEETING MINUTES COUNCIL ON AGING November 08, 2021

1. Open Session at 1:00 pm

In Attendance: Margit Mikuski, Director; Heidi Taberman, Member; Bob Twyman, Member; Pat Lombardo, Member; Barbara Langmore, Member-Absent; Joann Martin, Member

1. EXAMINATION OF MINUTES FROM PREVIOUS MEETINGS:

a. Examination of the Meeting Minutes of October 08, 2021

MOTION: Bob Twyman made a motion to accept the meeting minutes of October 08, 2021 as written

J. Martin Seconded

All in Favor

2. BUDGET REPORT (10 min):

a. Director's Budget Report

Mikuski reviewed the recent budget numbers and summary of expenses to the Board.

3. OLD BUSINESS:

a. Veteran's Day Dinner

The Board discussed the final details for the Veteran's dinner which will be held in Town Hall Saturday, November 13 at 5:00 pm

4. NEW BUSINESS:

a. Discussion regarding Breakfast & Lunch in January due to low turnout

Mikuski is stressing that the low turnout at these functions will make it difficult to continue the work and cost it takes only to have a low turnout and the waste this causes. Mikuski and the Board made a few suggestions to possibly solving this problem:

- ♦ Require reservations and advertise in the paper
- ♦ Have only one per month, either breakfast or lunch
- ♦ Send a post card with the dates of the lunch to be returned for reservations
- ♦ Create a list and make phone calls; one person calls for breakfast and one person can call for lunch
- ♦ The question was raised why did this drop? The answer was, COVID and being closed down for 2 years so the routine has been lost

The Board will start in January collecting a list of phone numbers and calling for reservations. One of the members will call for reservations for the luncheon the second Friday of the month; post cards will be

mailed for the breakfast on the fourth Friday of the month. The Board is reminding folks of the following schedule:

November 12 – No luncheon (day before Veteran's dinner)

November 26 – No breakfast as it is the day after Thanksgiving

December 10 – Lunch will be served as usual

December 24 – No breakfast as it is Christmas Eve

b. Visiting Nurse – Hill Towns

Jennifer Girard, Board of Health, joined the Council on Aging to discuss plans for a visiting nurse for Blandford and surrounding towns. Girard has been working on hiring a visiting nurse to be available for residents in the hill towns two times per week. She is waiting for the grant funds. Girard spoke of some guidelines for the COA when dealing with certain medical problems asking that these problems be referred immediately to the Board of Health. She is also requesting that the COA contact her department when a flu clinic is planned. P. Lombardo offered to do glucose testing for the Health Department as he is state certified. Girard believes it should be done in a more formal manner.

The next COA Meeting will be December 13, 2021 at 1:00
artin, Member Council on Aging
Robert Twyman, Member
Joann Martin, Member