

Blandford Council on Aging  
Center for Active Adults  
Board Meeting Minutes from the Monday, February 24, 2020 meeting

Director: Margit Mikuski

Present: Judy MacKinnon, Barbara Langmore, Heidi Taberman, Pat Daviau, Linda Barnard, Lori Bocon

Absent: Mary Mangini

Meeting opened at 3:03 P.M. in the COA room

1. Minutes from January meeting (recorded by Pat) were accepted/Barbara made a motion to accept the minutes and Heidi seconded the motion. Motion passed.
2. Treasurer's Report. New chairs with arms will be purchased once a good price per each is found. The BFD Association's John Carrington along with Josh Garcia, TA, have been awarded an Eversource 1200.00 grant and will earmark it for the upkeep of the COA vehicle. We will be able to purchase new tires and pay for repairs. Margit also brought up positive feedback from town residents while driving the COA vehicle. St. Patrick's Dinner has 6 RSVPs thus far.  
Barbara made a motion to accept the minutes and Heidi seconded the motion. Report was accepted as all were in favor.
3. New Business
  - A. Margit asked Josh about use of keys by someone not on a board. Josh explained that all departments have now been issued keys and town policy is that keys are only given to assigned board members. No one not on a board should be given a key, as it could become a liability issue.
  - B. Sue Racine and Byam Stevens asked about using the room for a Gregory Maichaik Pastel class on April 23, 2020, beginning at 5 P.M. and ending at 8:30 P.M. Linda will be at the class and can open and stay in the room while the event is going on. The board voted all in favor of allowing the event to take place.
  - C. SHARPS program. Jennifer Girard and Brett Hartley from the Blandford Board of Health (BOH) spoke about the new SHARPS collection program for Blandford residents. First red container will be \$5.00. Not sure if another payment will be necessary for another red container. Each red container costs the BOH \$69.00. Residents will be able to drop off their filled container on the 4th Friday of the month to coincide with our breakfast date. Jennifer said that residents can also drop off their containers on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday at the BOH at 6 P.M. Discussion took place on how program would work. The SHARPS collection kiosk at Noble was mentioned as being anonymous. Lori asked if the BOH would mind if we could put a picture of the red container and relevant information about the new collection program on the COA facebook page. Jennifer said that it was okay.
  - D. Margit put in a request asking a lawyer to be available during the May Social Hour on May 8, 2020, to answer questions about estate planning, trusts, wills, etc.

4. Consortium News

- A. Cathy Bowler said that our Service Incentive Grant for the Consortium will be an additional \$1000.00 for this year and it will be an extra \$2000.00 in the following year. Sue Kucharski, SHINE councilor, is helping many of our residents. Some are meeting her in Chester and some are opting to meet her here in town. Seniors from Blandford that do not attend our programs are still reaching out to and making appointments with Sue.
- B. March 13, 2020, Sue will be offering a "Caregiver's Support Group" at the Consortium office in Chester. This is a new group forming.
- C. Linda asked if our dues concerning the Consortium office will be affected. A discussion took place concerning consortium dues.

5. Other New Business

- A. Both Heidi and Pat mentioned dates when they would not be able to help at COA functions due to personal business. Heidi asked if there was a board member who would want to help Barbara at the April's First Friday.
- B. Judy talked about forms with senior contact information to have on hand when someone is being transported or at a COA event.

6. Food

- A. St. Patrick's Day Dinner on Friday, March 13, 2020, at 12 noon in the COA room  
Lori will purchase and cook the flat cut corned beef at town hall. Heidi and Pat will prepare and cook 20 pounds of carrots. Linda will prepare and cook 20 pounds of Yukon Gold potatoes. Pat and Heidi will make carrot cakes with cream cheese frosting for dessert. Last year's corned beef dinner data was revisited to help in this year's purchasing of food. Judy, Margit, and Barbara will set up the room the day before the dinner. Linda, Margit, Barbara, Pat, and Lori will be here the day of the dinner to serve and clean up.
- B. March breakfast will be held at Ripley's Maple Corner Farm.
- C. April's Social Hour will serve Macaroni and Cheese, broccoli, and stewed tomatoes as it is Good Friday which is a religious event for some.
- D. February Breakfast will feature Blueberry French Toast Casserole alongside Breakfast Sausages. Pat will use the ovens at town hall to cook the casserole and Lori will help with the sausages.
- E. Pat mentioned that fresh winter fruit is expensive and not that tasty. Frozen fruit is just as nutritious and cheaper. We should make smoothies until better fruit is available. The COA investing in an immersion blender was brought up.
- F. Pat will email Lori information on the Serve-Safe program.

7. Judy made a motion to adjourn and Barbara seconded it.  
Meeting closed at 4:20 P.M.

Respectively submitted,  
Lori Bocon