

**The Blandford Council on Aging  
Board Meeting Minutes  
Monday July 22, 2019  
Meeting open at 3:30 P.M in COA Rm**

Board Present:

Margit Mikuski, Judy MacKinnon, Heidi Taberman, Lori Bocon, Mary Mangini, Pat Daviau, Barb Langmore, & Linda Barnard

Program heads:

1. Judy - Country Journal/Taylor Group/Transportation
2. Barb - Foot Clinic/Table Cloths
3. Heidi - Exercise/Walking Challenge
4. Mary - Movies
5. Pat - Trips
6. Pat - Nutrition/Menus for Social Hour & Breakfast
7. Linda - Costco

1. Minutes from June 17, 2019 meeting (5 min.)
  1. Motion made by Heidi to accept Minutes as written
  2. Motion seconded by Barb. Motion passed
2. Treasurer's Report (10 min.)
  1. Motion made by Linda to accept Report as written:
  2. Motion seconded by Barb Motion passed
3. New Business:
  1. August 9th events (10 min.)
    1. Cruise Ship Lunch
    2. Set up on the 8th Thursday @ 4PM
    3. Salad Station
      1. Fruit - Fruit Salad - Lori
      2. Vegetable - Heidi Green Salad
    4. Sandwich board
      1. Judy
      2. Linda
    5. Beverage Station
      1. Ice Tea (1 sugar 1 non-sugar) - Pat
      2. Lemonade - Pat
    6. Desert Station
      1. Lemon Parfait - Lori
      2. 2 Peach Deserts - Mary & Marget
  2. Linda made a motion to eliminate the Breakfast, but keep all the other events in August  
Seconded by Barb - Motion Passed
  3. Fall Health Fair (20 min.)
    1. No to Health Fair. It was poorly attended and Vendors felt it was not worth their time
    2. Margit will speak to TA about sharps disposal through Bay State Medical
    3. Heidi will check with Westfield PD on sharps disposal
    4. Social Hour in October 11 will include:
      1. Flu Clinic
      2. Drug take back program

4. Consortium Dues for FY20 (5 min)
    1. \$2,030 grant from Sarah Gillett
    2. Applying for a Grant from Dept. of Elder Service
    3. Need paperwork from the Town of Blandford Service Incentive Grant - to receive money back from the state
    4. Sue out on medical - Judy will send a card
  5. Cooling center
    1. Lori did an awesome job supporting the center being open
    2. One of EMT from Blandford was here, as was the TA & his family
  6. Movies:
    1. August Mule
    2. Sept. Break Through
4. Old Business:
1. Report Exercise (5 min)
    1. Record turn out today (8 people)
    2. Items were not able to be purchased Heidi will turn requests into Judy
    3. 3 peddle bike/3 body bars
  2. Report on Trips (10 min.)
    1. Pat Posted Trips/Survey
    2. Surveys at town hall & at Library
    3. 13 answered surveys 11 not interested in other COA's
    4. Have an idea of place to go at next meeting
    5. Free Base Ball tickets for Westfield give out at Breakfast
  3. Report on Food Pgms (10 min)
    1. Farmers Market:
      1. Huntington @ Samuel Hall Friday 3-5
      2. Worthington - Thursday 3-5
    2. Can buy with out purchasing a share
    3. Farmers Mkt - weekly start for \$5
    4. Monthly Share \$25/month
    5. End in October
    6. CISA (if income lower than \$24980) taking an interest survey from local farmers
    7. Huntington received all the shares
  4. Report on Transportation (10 min)
    1. Mobile Market Trips for Seniors to Huntington on Friday upon request
    2. With or without a Farm Share
    3. Meeting Thursday @ 2 PM
    4. On Friday will hand out cards to let Seniors know how to access the ride share program
    5. Need Seniors to show a need
    6. Judy will write an article for the Newsletter
  5. Picture ID's & Ethics Test (5 min.)
  6. Tracking Volunteer Hours (5 min.)
    1. How did you spend hours
    2. Turn into Margit at the end of each month
5. Other old Business:
6. Turn in all receipts for items purchased in a timely manner
  7. Need to increase cost of special events as they are running in the red
  8. Containers Purchased - eco-friendly can be microwaveable
    1. Ask if people want food items left over from Social hour or Breakfast
    2. If yes, put in the Microwaveable containers
  9. Confidentiality
    1. Respect Senior's privacy
    2. Allow Seniors to make their decisions/requests

3. Brown Bags picked up by Pat, she delivers to COA room at 11 and Pat will remain until 11:30 for pick up

10. Linda made a motion to adjourn, Judy seconded ~ Adjourned at 5:16 PM

Respectively submitted Linda Barnard, COA Secretary