

**The Blandford Council on Aging
Board Meeting Minutes
Monday May 20, 2019
Meeting open at 3:30 P.M in COA Rm**

Board Present:

Margit Mikuski, Judy MacKinnon, Pat Daviau, Heidi Taberman, Lori Bocon, Barb Langmore, & Linda Barnard

Missing: Mary Mangini

Program heads:

1. Judy - Country Journal/Taylor Group/Transportation
2. Barb - Foot Clinic/Table Cloths
3. Heidi - Exercise/Walking Challenge
4. Mary - Movies
5. Pat - Trips
6. Pat - Nutrition/Menus for Social Hour & Breakfast
7. Linda - Costco

1. Minutes from April meeting (5 min.)
 1. Motion made by Judy to accept Minutes as written with corrections:
 1. Month added to heading of April notes
 2. Meeting minutes reviewed for month of March not January
 2. Motion seconded by Barb accepted. Motion passed
2. Treasurer's Report (10 min.)
 1. Margit will email
3. New Business:
 1. Schedule meeting with BOS & Accounting (5 min.)
 1. Request to be added to the agenda for June 3 @ 7PM with Joanne, if Mary K can attend
 2. Need for transportation of seniors
 3. Presently Blandford's population of 55 and over is 40%
 4. Credit card - for purchasing supplies
 5. Try to have as many seniors attend as possible
 2. Update on Consortium (5 min)
 1. Contract for service incentive grant:
 1. Pays the salary for the outreach person & mileage
 2. Outreach person in the office 3-4 days/wks
 2. Both Chester & Huntington will increase their dues to \$1,000.00 from their State Grant
 3. Margit propose Blandford do the same
 3. June Social Hour June 14 (10 min.)
 1. Build a salad - Chefs Salad
 2. Build a dessert - Brownies/Toppings
 4. June Breakfast June 28 (10 min.)
 1. French Toast Casserole
 2. Sausage
 3. Fruit

5. July Picnic July 12 (10 min.)
 1. Have it Catered?
 2. \$5 make reservations by June 28
6. Volunteer Lunch (10 min.)
 1. Check out places to go
 2. Need to set a date before end of June
7. Board Positions (5 min.)
 1. Job Descriptions to next meeting
 2. Need Chair as Margit will become the paid Director
8. Patty O'Neill (5 min.)
 1. Donation to the local No Kill Animal Shelter
 2. Motion for \$50 made by Judy seconded by Heidi motion passed
4. Other New Business:
 1. Speaker Etiquette - Limit action in the room when speaker is presenting
 2. Limit length of presentations to a max. of 30 min, then allow for questions
 3. Healthy Hydration in Summer Meals next presentation
5. Old Business:
 1. Report Exercise (10 min)
 1. Stanley Park Walks start at 10 AM
 2. Guided Walks in Wildlife sanctuary (2-3 miles) June 8 or rain date June 15
 3. Park in the Lower Back Lot
 4. Flower Walk Park near the Carillon Tower not the Children's park
 5. Monday (9:30) continue through the summer going well interested in a Wed. Class
 6. Heidi will investigate second teacher for Wed. Exercise class
 7. Tia Chi Sat. (8:30) run on 6 week cycle
 2. Report on Trips (10 min.)
 1. Survey 16 responses - 3 non-interested
 2. Increase response how to disseminate
 3. Article in the news letter, facebook, web site, & CJ
 4. Pat will check on renting a van to move forward
 3. Report on Food Pgms (10 min)
 1. 3 farms interested in Senior Shares (9 wks)
 2. 9 shares for Blandford must submit by June 1st
 3. Additional option misfitmarkets.com monthly charge
 4. Report on Transportation (10 min)
 1. Meet with BOS: want car & paid driver
 2. Volunteer drive program
 3. Orientation pgm.
 4. Margit & Tom Piper will attend a MASS Dot Grant Writing Pgm
 5. Scarf Class June 1st @ 1 PM
 1. 18 people
 2. Saturday
6. Judy made a motion to adjourn, Heidi seconded ~ Adjourned at 5:12 PM

Respectively submitted Linda Barnard, COA Secretary