

**The Blandford Council on Aging  
Board Meeting Minutes  
Monday March 18, 2019  
Meeting open at 3:30 P.M in COA Rm**

Board Present:

Margit Mikuski, Judy MacKinnon, Pat Daviau, Heidi Taberman, Lori Bocon, Barb Langmore, Mary Mangini, & Linda Barnard

1. Minutes from January meeting (5 min.)
  1. Motion made by Judy to accept Minutes as written, seconded by Barb
  2. Motion passed
2. Treasurer's Report (10 min.)
  1. Motion made by Judy to accept Treasurers report, seconded by Barb
  2. Motion passed
3. New Business:
  1. April 12th Social Hour (10 min.)
    1. Frittata/Quiche, Salad, Brownies & Vanilla ice cream
  2. April 26th Breakfast (10 min)
    1. Corned beef & Poached eggs, English muffins, Fruit
  3. Group assignments (10 min.)
    1. Judy - Country Journal/Taylor Group/Transportation
    2. Barb - Foot Clinic/Table Cloths
    3. Heidi - Exercise/Walking Challenge
    4. Mary - Movies
    5. Pat - Trips
    6. Pat - Nutrition/Menus for Social Hour & Breakfast
    7. Linda - Costco
  4. Nursing Home visits (15 min.)
    1. Check with Judy & Margit
4. Other New Business:
  1. May 10th Cooking Demo - Chicken Pineapple - Pat
  2. Continue going down the list for next Demo - Pat
  3. Farm Share/CISA - at present only available for Huntington residents - Pat
  4. SNAP/food stamps - Margit stated a representative will be sharing information with COA closer to time when Farmers Markets start up for the summer
  5. Sue Racine would like present a class for painting - Heidi
5. Old Business:
  1. Overview of St. Patrick's Event (10 min)
    1. 37 Attended
    2. 30# Potatoes - 1/2 leftover, use remaining for Breakfast Corned Beef Hash
    3. 25# of carrots on Target
    4. 4 Cabbages - on Target
    5. 40# Corned Beef - use remaining for Breakfast Corned Beef Hash
  2. Breakfast at Ripley's March 23 (5 min.)
    1. Judy will pick up anyone needing a ride at Town Office 9:30 AM
    2. Meet @ Ripley's @10 AM

3. Walking Challenge (15 min)
  1. Fast Feet in Westfield good for fitting sneakers
  2. Register by March 28 through COA
  3. Everything Counts (walking, running, exercise ...)
  4. Bob Kidd said he would take a group to Camp Moses Lake/tour
  5. Possible Prizes: New Sneakers/Walking Poles/...
4. Scarf Class June 1st @ 1 PM
5. Safe Serv (5 min)
  1. Pat & Linda
  2. Complete before July 1st
6. Next meeting April 15 @ 3:30
7. Judy made a motion to adjourn, Heidi seconded ~ Adjourned at 4:50 PM

Respectively submitted Linda Barnard, COA Secretary