

**THE BLANDFORD COUNCIL ON AGING BOARD MEETING MINUTES  
MONDAY SEPTEMBER 24, 2018**

**MEETING OPENED AT 4:06 PM**

Board Present:

Margit Mikuski, Mary Mangini, Pat Daviau, Heidi Taberman, Judy MacKinnon, & Lori Bocon

Missing: Barb Langmore,

1. MINUTES FROM JULY MEETING (5 MIN.)
  1. Motion made to accept minutes from August Meeting by Judy seconded by Pat
  2. Minutes approved
2. TREASURER'S REPORT (5 MIN.)
  1. Motion to accept FY19 report by Judy seconded by Mary
  2. Report approved
  3. Sara Gillett - \$800 grant unable to locate Margit is working with the Town Accountant
3. REPORT FROM OUTREACH SUB-COMMITTEE
  1. Pat shared the form she developed
  2. Concern with volunteers meeting the needs, just gather information at this time
  3. Items needed before we launch "Outreach"
    1. ID Tags, make new emergency bags, & contents
    2. The Street list from Mary Kronholm
4. NEW BUSINESS
  1. Newsletter (5 MIN.)
    1. Should go out by Friday
    2. Need to look at the calendar to assure the we are having events covered
    3. Christmas Party for next newsletter
    4. Judy is covering the Country Journal - will weekly add events
  2. Art Lottery Council Grant Programs (10 MIN.)
    1. Lori will submit two requests
    2. Paint & Sip / Eco Scarf (20)
    3. Sip & design?? Pat is looking into
  3. October Menus (10 MIN.)
    1. Oct. 12th Soup (Minestrone & Butter Nut), bread, & Cobbler (berries in the freezer)
    2. Oct. 26th Corned Beef Hash w/ poached eggs, corn bread, tomato & orange Juice
    3. Dishwasher still not fixed will use paper products
  4. Veteran's Dinner (10 MIN.)
    1. Friday November 9th @ 6 PM
    2. Advertise on face book, Judy does invitation, Country Journal
    3. Each do a lasagna - Pat check with Emma's / Lori will check with Russell Inn
    4. Apple Cake Pat will email the recipe
  5. Peter Langmore's trip to Africa in January 18th Friday night in place of the movie day. Margit will check if this will work for Peter.

## 5. OLD BUSINESS

### 1. Mission review - (10 MIN.)

1. Judy read the combined statements
2. Mary made a motion to accept the Mission Statement Pat seconded
3. Approved

THE MISSION OF THE BLANDFORD COA/CAA IS TO ADVOCATE FOR RESIDENTS 55 AND OVER BY IDENTIFYING THEIR NEEDS AND ENLISTING SUPPORT FROM THE TOWN, STATE, AND FEDERAL GOVERNMENT TO HELP TO MEET THESE NEEDS IN ORDER FOR THEM TO REMAIN PRODUCTIVE AND INDEPENDENT IN THEIR HOMES. THE COA/CAA PROVIDES OPPORTUNITIES SUCH AS SOCIAL, RECREATIONAL, HEALTH, FITNESS, AND EDUCATIONAL PROGRAMS WITH SPECIAL EMPHASIS ON HOW TO MEET THE PHYSICAL, EMOTIONAL, AND COGNITIVE NEEDS THAT WILL PROMOTE THE HIGHEST QUALITY OF LIFE FOR ALL BLANDFORD SENIORS.

### 2. Trips to involve younger seniors

1. Should we advertise other COA trips
2. Possibly develop a group within Blandford younger seniors

### 3. Volunteer Dinner

1. Common Table / Chester
2. Comfort Table / Huntington
3. Judy will notify

### 4. Survey from Pat took at the social hour

1. Nutrition and wellness for older adults
2. Pat will check on date in January

- Mary made a motion to adjourn the meeting it was seconded by Judy
- Motion passed

Meeting Adjourned - 5:38 PM