

**THE BLANDFORD COUNCIL ON AGING BOARD MEETING MINUTES  
MONDAY AUGUST 27, 2018**

**MEETING OPENED AT 4 PM**

Board Present:

Margit Mikuski, Mary Mangini, Barb Langmore, Pat Daviau, Heidi Taberman, Judy MacKinnon, & Lori Bocon

1. MINUTES FROM JULY MEETING (5 MIN.)
  1. Motion made to accept minutes from July Meeting by Mary seconded by Barb
  2. Minutes approved
2. TREASURER'S REPORT (5 MIN.)
  1. Motion to accept FY19 report by Judy seconded by Heidi
  2. Report approved
  3. Margit adjusting line items, moving duplicate items from state to revolving & town budget to decrease multiple coverages
3. NEW BUSINESS
  1. Election of Officers (5 MIN.)
    1. Co-Chair: Margit + Judy
    2. Treasure/Bookkeeper - Add out for position
    3. Secretary: Linda
      1. Mary made a motion to maintain the current roster of officers Heidi second
      2. Motion passed
  2. Outreach (10 MIN.)
    1. Pat would like to visit seniors to support through COA, Mary would like to assist
    2. Need name tag - article in Country Journal & COA Newsletter so folks are aware of potential visits
    3. Linda made a motion we set a time to meet to discuss the details more fully for an outreach program, Heidi seconded - motion approved
    4. We will meet on Sept. 14th after social hour 2:30.
  3. STCC Dental Program (10 MIN.)
    1. Senior Students do a project to meet with indigent population to provide dental health education
    2. Pat shared that poor oral health in seniors can lead to pneumonia
    3. Pat will follow up to see if they will come to Blandford and present at either of our monthly events
    4. Pat will also check with Berkshire CC to see if they have a similar program
  4. Western MA Food Bank (brown bag) (10 MIN.)
    1. Add information to newsletter + application as need to financially qualify for the program
    2. Include items packed in the brown bags
    3. Nutritional Education - try a couple. Margit will bring class options up at next Social Hour to allow those present to choose topics they are interested in
  5. Nobel VNA (10 MIN.)

1. Patient release from hospital should have support scheduled if such care is needed
2. ? Do they serve Blandford - YES
3. Tabled to include with our outreach meeting
6. Smoke/Carbon Monoxide Detectors (10 MIN.)
  1. Pat found article that some detectors had been donated by Red Cross and distributed by local Fire Department
  2. Pat will contact Red Cross, Judy will contact Blandford Fire Dept. to see is possible in Blandford
7. Newsletter (5 MIN.) - Lori needs articles
8. Foot Clinic - September 13, 2018 - 4 person minimum
9. Two 1hour exercise classes start Sept. 6 (Monday & Wednesday AM) \$5/session

#### 4. OLD BUSINESS

1. Mission review - (10 MIN.) - Judy will combine suggestions and bring a combined overview to next meeting
2. Focus Group Update (10 MIN.) (phone calls - do people need rides)
  1. Possible purchase of a car for Blandford & Chester to share
  2. Volunteer drivers using their own car
  3. Looked into insurance - check with your own insurance
  4. Would we pay mileage or purchase gas for volunteers
  5. Looking into PVTA
3. Review September (10 MIN.)
  1. Social Hour (09/14/18)
    1. Pulled pork Sandwiches & Apple Pie
    2. Arrive at 11:15
  2. Breakfast (09/28/18)
    1. Sandwiches from Blandford Store & Fruit
    2. Arrive 9:15

- Judy made a motion to adjourn the meeting it was seconded by Heidi
- Motion passed

Meeting Adjourned - 5:58 PM