

Blandford Council on Aging  
Meeting of the Board of Directors  
AMENDED Minutes of the Meeting, May 9, 2016

Present: Barbara Langmore, Margit Mikuski, Phil Burns, Judy MacKinnon  
Absent: Linda Barnard  
Meeting convened at 4:10 pm

**Minutes of the April 2016 meeting** were read and motion to accept was made by Margit and seconded by Barbara. Minutes were accepted.

**Treasurer's Report – no report was submitted**

**New Business**

- Consortium Update
  1. Phil's update – for now Phil will meet once a month with our seniors in Blandford. Phil is now doing SHINE training and will shortly become a SHINE counselor, as well as a Community Outreach Health worker. He would like to come up once a month or so, to meet with people regarding Medicare and other medical or emotional issues. He will be working on a consortium bimonthly newsletter that will include consortium news, a resource page, updates, perhaps a question and answer section and more. He will be looking for ideas from all. He would like to begin a reading group to share thoughts about Being Mortal: Medicine and What Matters in the End written by Atul Gawande. Phil will try to come to board meetings
  2. The SIG grant was signed and is good through 2018. Through the State Formula Grant we are receiving \$5,000.
- Possible trips and activities or programs for upcoming months – thinking about ideas like Fall Chrysanthemum Show, Spa Day, etc. Library Knitters could be using our room on Tuesdays. All were in favor of the use of the room. Ideas for helping veterans? Talk with veterans' agent. Stanley Park?

**Old Business**

- Walk Challenge – On Monday, June 6<sup>th</sup>, the morning exercise group will meet at Stanley Park at 10 am to walk. We want to not charge the exercise group for that day. Mary will advertise, as well. We are registered with MCOA
- Earth Day Update – Barb, Mary, and Judy helped out. It was well attended. Maple tree saplings, that we donated, were handed out to children after Leon Ripley spoke to the children about how the sap from the trees made maple syrup. We helped children plant pumpkin seeds and place them in the COA room window to germinate. They will be planted in garden beds on Memorial Day. We felt it was a great intergenerational event.
- Report on Hazardous Training Meeting – the proposal is in the process of being written. It will then be submitted to MEMA and then to FEMA. If it is

totally approved, we will need a grant writer. We are hopeful that if this happens we will be able to purchase a generator for the town hall.

- **Select board Meeting Update** – no meeting on April 4<sup>th</sup>. On April 11<sup>th</sup> there was a presentation by Linda Smith and Dale Miller regarding the budget. There was talk of debt exclusion. At the April 18<sup>th</sup> meeting, it was announced that Blandford received partial reimbursement for the ice storm from FEMA. Wired West person reported on their status and answered questions. On April 25<sup>th</sup>, there was a mini town meeting. Discussion about the budget took place.
- **May Coffee (Social) Hour** – Tuesday, May 17<sup>th</sup> – Pie Day We will make pies and hope some people will bring one. Carol Curdo will come to speak on problems with eyesight. Barb and Judy will be there.
- **Breakfast** – eggs benedict, fruit, tomato juice, blueberry muffins Mary, Barb, Judy, and Margit will be there.
- **Movie** – Chef – Judy will be there for Co. Mary will help out.
- **Women’s Shelter** – new items for June/July. We will check the list and pick something else.
- **Tai Chi Update** – Saturday, May 21<sup>st</sup> at 8:30 am. Articles going in the CJ and on Facebook. Posters will be placed around town.
- **Volunteer Luncheon** – Thursday, June 9<sup>th</sup> at 12:00 pm at “Ninety Nine”  
People who have helped out:
  1. **Susie**
  2. **Julie**
  3. **Co**
  4. **Linda**
  5. **Barb**
  6. **Mary**
  7. **Margit**
  8. **Sumner**
  9. **Donnie**
  10. **Judy**
  11. **?**
- **Foot Clinic** – May 19<sup>th</sup> with Nancy since Joan is ill. We have 4 people with 45 minute slots.

Barb made a motion to adjourn and Margit seconded. Meeting was adjourned at 5:30 pm