

Blandford Council on Aging
Meeting of the Board of Directors
Minutes of Monday, February 27, 2017 Meeting
Monday, March 27, 2017

Present: Edna Wilander, Margit Mikuski, Barbara Langmore, Judy MacKinnon, Sue Bloomrose

Absent: Linda Barnard

Meeting began at 4:05 pm

Minutes of January meeting were read. Edna made a motion to accept the minutes as written and Barb seconded. The motion passed and minutes were accepted.

Treasurer's Report – none as Linda is away. Margit brought up the fact that we had money in revolving account from previous years in the St. Patrick's Day column. Should we charge for the lunch or not? Edna made a motion to not charge for this year's St. Patty's Day lunch. Barb seconded. The motion passed.

New Business

- Discussion of new book club formed to read Being Mortal – Six people signed up. Judy reported that buying books was going to be very expensive as the paperback version is not in stores yet. We had originally wanted to buy multiple copies for future use. She asked for permission to purchase 5 books (\$17.20 each, \$90 total). In the meantime, she is trying to reserve 6 books from the Westfield Library. She would be able to send the books back to Amazon if library idea works out. Judy made the motion to purchase 5 books and Edna seconded. Motion passed. Barb mentioned there was a foot clinic on the Thursday, 9th, but it should be over by 2ish.
- Nutrition Program - We had 2 people sign up and it went well. Senior pays \$5 and COA will pay an additional \$5. It will be basic nutrition help. Edna brought up the idea of how hard it is to find nutritious food in the grocery store. Would people be interested in diet ideas? How about a trip to grocery store? We might try this idea in conjunction with our garden. Let's see about the success of this nutrition program first.

- Sarah Gillett grant application – Margit sent in a grant application in order to purchase more materials for more emergency kits. So far, the COA, along with the fire department donations, has spent \$1200. Margit doesn't expect to receive \$1200. Judy brought up an objection to this grant proposal without having a plan. Margit feels we need to go through our senior list. We could pass emergency kits out at events or have a sign-up to see who is interested. There was discussion about our town emergency plan and where we were in the process. All of us are very concerned about the follow through. Edna thought she could ask about the grant application for this plan at tonight's selectboard meeting and report back at our next COA meeting..

Old Business

- Consortium Update - Sue Streeter is managing regional website for consortium. The consortium newsletter went out. People are finding resources helpful. We talked about Phil Burns' role in consortium and Hilltown Health Center. People are wondering about his role in driving people to appointments and do not seem to understand that he has two roles. We are hoping to invite him more often so people get to know him. Margit discussed benefits that could be available to people. Since Edna and Brenda spoke to people there has been interest.
- Breakfast March 24th – Sue will make hash browns with sausage. We will make poached eggs with English muffins and Hollandaise sauce. We could make asparagus. April 28th will be pancakes with Bloomrose syrup.
- St. Patrick's Day lunch –corned beef, cabbage, and carrots. We discussed how to cook it. We are expecting 30 people. We will buy corned beef from Moltenbrey's Market. Margit and Edna will make soda bread. Judy will make horseradish sauce. We decided on lemon meringue pie for dessert. Discussion around what time to begin serving, we will be at room at 11:30.
- Barbara will be in charge of first Friday. Margit will take on movie on the third Friday.

Meeting adjourned. Judy made a motion to adjourn and Barb seconded. Motion passed. Meeting adjourned at 6:15 pm.